

Tokyo Metropolitan Josui High School

~Distinctive Educational Activities~

***School-designated subject: “Expression” ***

We offer 12 types of expression subjects
as compulsory courses in the second year.



Students choose one subject that best suits their interests from a wide variety of options and study it throughout the year.

They will learn the joy and techniques of expression from highly specialized instructors,
and hone their expressive abilities.

In March, they will hold a presentation to share their results.

※The courses offered may be subject to change after further consideration.



Messages from each of the expression instructors.

①Announcing Course ②Anime Expression Course ③Cross-cultural exchange Course ④Video Production Course ⑤Drama Course ⑥Sign Language Expression Course ⑦Chorus Course ⑧Martial Arts Course ⑨Multimedia Expression Course ⑩Reading Aloud Course ⑪Dance Course ⑫Traditional Japanese Musical Instrument Performance Course

①

アナウンス

Announcing Course



Throughout the year, students will practice enunciation, articulation, tongue twisters, and how to read the news and weather forecasts. They will then learn how to do interviews, narration, radio DJing, time-conscious speeches, debates, presentations, and more. At the end-of-year performance presentation, students will confidently attempt to host an event in front of the entire school, teachers, and parents. Learning how to speak in a way that resonates with people will help develop individuality, sharpen expressiveness, and build confidence that will help them in the future. Why not try learning how to make announcements in a fun way?

②

アニメ表現

Anime Expression Course

First, you will learn the basics of animation, such as how to create changes in movement and facial expressions. After that, you will create your own original animation at your own pace. You will have fun and use your imagination while mastering the techniques of animation production.

③

異文化交流

Cross-cultural exchange
Course



Our goal is to learn about the differences between Japan and other cultures around the world, and to take a fresh look at Japan and the Japanese people. We usually learn about the cultures of various regions around the world in the classroom, but we also value experiencing different cultures in various ways, such as interviewing foreigners online, and we make learning fun.

④

映像制作

Video Production Course



From planning to filming, editing, simple special effects, and completion, students can have fun while learning the basic techniques of video production. The assignment is a free project and a school introduction. Students are expected to create something without being bound by preconceived notions, using the unique ideas that only high school students can come up with. By completing a video work, which is a comprehensive work of art, as a team, students will also learn the importance of each individual's role and teamwork.

⑤

演劇

Drama Course



I get nervous when meeting new people. I get nervous when standing in front of a large crowd. I'm told that my voice is too soft and I need to speak more clearly. Expressing yourself can be quite difficult. In our drama classes, we have fun every time, working on vocalization, enunciation, and theater games and etudes (improvisational plays) that utilize our imagination. Then, in preparation for the recital in March, we will all work together to create a play.

⑥

手話表現

Sign Language Expression Course



The instructors are native signers (people whose first language is Japanese Sign Language, i.e., deaf people). You will learn the basics of Japanese Sign Language through communication with the instructor. Japanese Sign Language is not just about hand movements; facial expressions and body positions also have meaning as words. Like English, Chinese, etc., it has its own unique language system and grammar. You will also learn about the society and culture surrounding deaf people. Experience sign language and expand your future possibilities!

7

合唱

Chorus Course



Throughout the year, we sing a variety of genres of music. In addition to Japanese choral songs, we also sing a cappella songs, J-POP, and songs in foreign languages. We pay attention to posture, vocalization, and breathing techniques to create a better chorus. We learn the joy and beauty of overlapping sounds made by different voices, experience the joy of creating music together, and improve our expressiveness.

8

武道

Martial Arts Course



“Iaido” is a traditional Japanese martial art that originated approximately 400 years ago during the Sengoku period as a tool for samurai in combat. Through the series of movements involved in drawing and releasing a sword, students cultivate correct posture, concentration, and a respect for etiquette. In our school’s classes, students learn the traditional Japanese art of Iaido while mastering the basic techniques and movements of using a sword. Through “kata” training, we place great importance on teaching consideration for others, self-discipline, and the embodiment of the dynamics of stillness and movement. Our goal is to develop etiquette and concentration that are useful in modern society through martial arts, and to cultivate an attitude in each student that allows them to face themselves and things calmly.

⑨

マルチメディア表現

Multimedia Expression Course



This is a course where students use computers to create a variety of works. They film and edit interviews with the instructors and students, as well as scenes from their activities. They then create posters introducing each of the expression courses, which can be accessed via QR code, and work together in groups to plan, film, and edit a documentary film. We hope that students will experience the joy and sense of accomplishment of working together with others taking the same course to create something.

⑩

朗読

Reading Aloud Course



What do you think reading aloud is? Of course, it's "reading and communicating," but I think reading aloud is something you do aloud not for yourself, but for the people who are listening. It's not about reading well, it's about making an effort to communicate. A self-centered way of reading won't move people's hearts. I hope that through reading aloud, you will naturally learn how to make others understand you and how to think from their perspective. I hope you will encounter wonderful stories and enjoy life.

11

舞踊

Dance Course



Our goal is not to dance well, but to experience the joy of moving your body to music and expressing your feelings through dance. Therefore, even complete beginners are welcome. At the performance recital at the end of the school year, everyone works together to present a dance piece that they have perfected. This allows us to get a glimpse of each individual's charm, something that we don't see in everyday life. We hope that this experience will broaden the students' world a little.

12

和楽器演奏

Traditional Japanese
Musical Instrument
Performance Course



Students begin by learning the basics of the “koto” and etiquette, then practice a number of basic practice pieces in the first semester, and ensemble pieces for the recital in the second semester, with the results being presented at a performance recital at the end of the school year. At other schools, even if students have the opportunity to learn the koto, they only get a brief “trial” in a 50-minute class, and it cannot be said that they have actually learned anything. At Josui High School, we also invite professional Japanese instrument players into classes, and students have the opportunity to listen to performances. This is an opportunity to listen, watch, and learn about posture and behavior when performing, and what it means to play while listening to the